

2008 • 17TH ANNUAL SAM MASICH VANCOUVER PUSH HANDS CAMPS



CAMP 1: JULY 25-28 • **FORM-FORMLESS-FORM** CAMP 2: AUGUST 1-4 • **APPLIED ENERGETICS**

In this years' **Sam Masich Vancouver Summer Push Hands Camp** we will approach the 25 energies and their theory from two internal perspectives. The first camp **Form-Formless-Form** will concentrate on the theory of *yin and yang* as related to the summoning of the 25 energies. This approach, tying together concepts such as *cansi jin* (reeling silk energy) and *taiji* will surely awaken new levels of understanding.

In the second camp, **Applied Energetics** a focus on posture and alignment through a study of energetic centres and routes takes us into more advanced stages of the work. Here we begin to touch on the technical basis for the concept of *Shen-ming* or 'spiritual enlightenment', as referred to in the *Taijiquan Classics* allowing us to work with the 25 energies at a completely different level.

COST: \$750 EACH CAMP

(Early Bird: \$700 if registered by May 15)

(Both camps **\$1400/\$1300** if registered by June 15)

\$250 nonrefundable deposit* by May 15

(\$500 both camps)

'First-come-first-serve' on approval.

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Deposits payable to *Little Productions*:
5111 Station Main Vancouver, B.C. Canada V6B 4A9
604-682-1263 sam@sammassich.com

Camp prices do not include meals or lodging.

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