

November 2008

With Hot Links!

SamMasich.com

STRANGE HORSE: Calendar Update

Nov. European Tour: ❖ England ❖ España ❖ Deutschland

November 2008: European tour

① Brighton, England



November 14-16

🌀 Classical Taiji Push-hands:

Si zheng and Ba pan jia tzu

In this event we will explore push-hands using two classical approaches, *si zheng tui-shou* (four-hands) and *ba pan jia tzu* (eight disc methods). These practices are at the heart of traditional Yang-style Taijiquan. **On Friday night, we will focus on the first of the eight disc methods.**

times: Fri 6.30-9.30pm; Sat/Sun 10am-6pm

cost: Weekend £115
(Fri. night only £30)

location: Middle Street Primary,
Brighton

contact: [Simon Robins](#)



② Madrid, España



Noviembre 21-23

Viernes 21 de noviembre

🌀 'Dalu y Aplicaciones de Taichi'

El Dalu es una de las prácticas fundamentales del taijiquan que deriva en una gran variedad de poderosas aplicaciones marciales. Durante esta tarde exploraremos el proceso del dalu y las técnicas de autodefensa que emergen del juego lateral.

Friday Nov. 21

🌀 'Dalu and Taiji Applications'

Dalu is a core taijiquan practice that leads to a wide variety of powerful martial applications. This evening we will explore the Dalu process and the self-defense techniques that naturally emerge from lateral play.



Sábado 22 y domingo 23 de noviembre

🌀 'Las 37 Formas Esenciales'

揚式太極拳三十七重要式

La forma de mano vacía del Estilo Yang de Taijiquan contiene aproximadamente 108 movimientos pero los documentos más antiguos describen 37 formas (éÆ shì) que incluyen las bases de la rutina tradicional. Durante este curso trabajaremos los elementos que subyacen a las 37 formas esenciales a través de una combinación de exploración e improvisación, individualmente y con compañero. Aprende como desarrollar tu taiji a la vez que sientas las bases de la maestría de la forma tradicional.

Saturday/Sunday Nov. 22-23

🌀 'The 37 Essential Forms'

揚式太極拳三十七重要式

The Yang Style Taijiquan solo form contains approximately 108 movements but the oldest Tai Chi documents describe 37 forms that comprise the basis the traditional routine. In this workshop we will explore the underlying themes of the '37 Essential Forms' through a combination of solo and partner explorations and improvisations. Learn how to compose your taiji on-the-spot while laying the foundation for mastery of the traditional form.

La clase se imparte en español e inglés
Appropriate for Spanish & English students

Coste: 130 € (120 para alumnos de TCPC y reserva antes del 15 de enero) / Cost 130 (120 early-bird & TCPC students)

Viernes solo: 30 €

Lugar: Colegio San Saturio.
Sebastián Herrera, 23 (Zona de Embajadores) (Madrid)

Más información en: [Javier Arnanz](#)
(+34) 647 69 79 52 [aprendeTaiChi.com](#)



③ Hannover, Deutschland



November 29-30

Hannover Taiji Projekt:

Taiji Push-Hands in 3 Dimensionen

In diesem Kurs werden wir Push-Hands von drei verschiedenen Seiten erkunden:

- 1) **Ba pan jia tzu** (die acht 'Scheiben' Methoden) sind eine fast verloren gegangene Serie von Vorbereitungsübungen.
- 2) **Si zheng tui-shou** (Vier-Richtungen Push-Hands) ist die berühmteste und bekannteste der Taijiquan Push-Hands Übungen.
- 3) **Jue-shou** (Fühlende-Hände) ist der Grundstein für die energetische Erkundung des Taiji Push-Hands

Im Laufe des Wochenendes wird Sam jede dieser drei Praktiken vorstellen um den Studierenden eine multidimensionale Erfahrung der Kunst des Taiji Push-Hands zu vermitteln.

Der Kurs wird sowohl für englisch- als auch für deutschsprachige Studierende verständlich sein.

English:

Hannover Taiji Projekt:

Taiji Push-hands in 3 Dimensions

In this event we will explore push-hands from three different approaches:

- 1) **Ba pan jia tzu** (the eight 'disc' methods) are an almost lost series of preparatory practices.
- 2) **Si zheng tui-shou** (four-directions push-hands) is the most famous and recognizable of taijiquan push-hands drills.
- 3) **Jue-shou** (sensing-hands) is the basis of taiji push-hands energetic exploration.

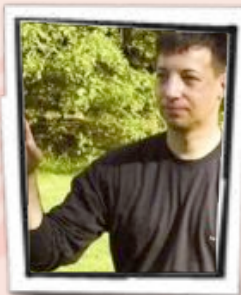
During this weekend Sam will introduce each of these practices to help give students a multi-dimensional experience of the art of taijiquan push-hands.

This course is appropriate for English and German speaking students.

Kosten: 100 €

Kursort: TBA

Kontakt: [Oliver Rust](#)
website: [Tai Chi im Park](#)



Sizheng Siyu:

Die Theorie der vier Geraden
und vier Diagonalen
Von Sam Masich

Taijiquan & Qigong Journal

Die Ausgabe 2/2008 • Heft 33



Notes:

Announcing:

**2009 • 5 Section Taijiquan
Full Curriculum Intensive!**

Sam will offer a one month intensive course in **Spain** from **mid-November to mid-December 2009**. The class will cover all of the five '5 Section Taijiquan' forms, **Jue-shou partner practices**, **Core Principles** and more. Details on exact dates, cost and location to be announced on **SamMasich.com**. **Email Sam** if you are interested in more details or reserving your place in the class.



You can now arrange to study privately with Sam in Berlin, Germany. Sam is now living in the **Rummelsburger Bucht** part of Berlin along the Spree River. There is a small, reasonably priced **Gästezimmer** (guest house) where students can stay

during their visit for lessons.

Email Sam to book some time. Info on the guest house is [here](#).



Taiji Europa!

A DVD showcase of Taijiquan, Qigong & Internal Arts in Europe!



Check out **Taiji Europa!**

This DVD was produced to showcase some of the top internal arts practitioners in Europe.

Sam was involved in the interviews and production. You can find out more by clicking [here](#).

Produced by:
Ronnie Robinson
and **Nils Klug**.

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